

I'm not a robot

















Drugs procedures. Figures 9 and 10 summarize the commonly used antiplatelet and anticoagulant drugs in SCAD patients undergoing PCI. Figure 10. Algorithm for the use of antiplatelet drugs in patients undergoing percutaneous coronary intervention. High bleeding risk is considered as an increased risk of spontaneous bleeding during DAPT (e.g. PRECISE-DAPT score  $\geq 25$ ). Colour-coding refers to the ESC classes of recommendations (green: class I, yellow: class IIa, and orange: class IIb). 17.1.2 PERI-INTERVENTIONAL TREATMENT While aspirin and clopidogrel are indicated for elective stenting procedures, prasugrel or ticagrelor may only be considered in selected patients for specific high-risk situations of elective stenting (e.g. complex PCI procedures such as LM stenting and CTO procedures) or in patients with a history of stent thrombosis on clopidogrel treatment. In parallel with antiplatelet treatment, the use of anticoagulants is standard of care during elective PCI to inhibit thrombin generation and activity. Different agents, including unfractionated heparin (UFH) and bivalirudin, have been evaluated for their use in clinical practice. The REPLACE-2 (Randomised Evaluation in PCI Linking Angiomax to Reduced Clinical Events 2) trial demonstrated that the outcome with bivalirudin and provisional glycoprotein (GP) IIb/IIIa blockade is similar to that of UFH plus planned GP IIb/IIIa inhibition during elective PCI.1669 The ISAR-REACT (Intracoronary Stenting and Antithrombotic Regimen Rapid Early Action for Coronary Treatment) 3 trial also showed a similar outcome for bivalirudin vs. UFH treatment.670 In ISAR REACT 3A,671 evaluating a lower dose of 100 U/kg UFH, this lower dose showed net clinical benefit compared with the historical control cohort and this benefit was mostly driven by a reduction in bleeding events. In view of the primary endpoint results of the RCTs and in the show of a trend towards a lower risk of MI, UFH remains the standard anticoagulant for elective PCI. Based on the results of the STEEPLE (Safety and Efficacy of Intravenous Enoxaparin in Elective Percutaneous Coronary Intervention Randomised Evaluation) trial, enoxaparin should be considered as an alternative anticoagulant drug.672 Drugs for parenteral antiplatelet treatment include Cangrelor and GP IIb/IIIa inhibitors. Cangrelor is a direct reversible, short-acting P2Y12-inhibitor that has been evaluated during PCI for SCAD and ACS in clinical trials comparing cangrelor with clopidogrel, administered before PCI (CHAMPION (Cangrelor versus Standard Therapy to Achieve Optimal Management of Platelet Inhibition) PCI) or after PCI (CHAMPION PLATFORM and CHAMPION PHOENIX).673 A meta-analysis showed a benefit with respect to major ischaemic endpoints that is counter-balanced by an increase in relevant bleeding.673 Moreover, the benefit of cangrelor with respect to ischaemic endpoints was attenuated in CHAMPION PCI with upfront administration of clopidogrel. Nevertheless, due to its proven efficacy in preventing intraprocedural and post-procedural stent thrombosis in P2Y12-inhibitor naïve patients, cangrelor may be considered in P2Y12-inhibitor naïve patients undergoing PCI (for more detailed discussion see the Supplementary Data). Available GP IIb/IIIa inhibitors include abciximab, eptifibatid, and tirofiban. In a setting of elective PCI, clinical trials did not demonstrate an additional benefit of GP IIb/IIIa inhibitor administration in SCAD patients in a setting of DAPT treatment that includes loading with clopidogrel.674,675 A meta-analysis on this topic revealed no mortality benefit of GP IIb/IIIa treatment and while non-fatal MIs were reduced, (minor) bleeding events were significantly higher when utilizing these agents.676 Thus, GP IIb/IIIa inhibitors may only be considered in specific 'bail-out' situations including high intraprocedural thrombus burden, slow flow, or no-flow with closure of the stented coronary vessel. An algorithm for the use of antithrombotic drugs in patients undergoing PCI is shown in Figure 10. 17.1.3 POST-INTERVENTIONAL AND MAINTENANCE TREATMENT Following elective stenting, DAPT consisting of clopidogrel in addition to aspirin is generally recommended for 6 months, irrespective of the stent type. In specific clinical scenarios, this standard DAPT duration can be shortened (6–12 months). For a more detailed description of the pertinent clinical trials in the field of DAPT duration, we refer the reader to the 2017 ESC Focused Update on Dual Antiplatelet Therapy in Coronary Artery Disease.410 Following DAPT, a life-long single antiplatelet therapy (usually with aspirin) is recommended, and patients should be advised not to prematurely discontinue oral antiplatelet therapy after stenting due to the risks of stent thrombosis and recurrent MI.677 Recently, the value of a vascular dose of rivaroxaban (2.5 mg b.i.d.) in conjunction with aspirin was demonstrated in the large-scale COMPASS (Rivaroxaban for the Prevention of Major Cardiovascular Events in Coronary or Peripheral Artery Disease) trial.678 However, its utilization in SCAD patients is a matter of secondary prevention and is not linked to myocardial revascularization procedures. 17.2 NON-ST-SEGMENT ELEVATION ACUTE CORONARY SYNDROME The activation of blood platelets and the coagulation cascade plays a key role in the initial phase and evolution of an ACS. Hence, sufficient platelet inhibition and anticoagulation is essential during ACS, and especially in ACS patients undergoing PCI. 17.2.1 CHOICE OF TREATMENT AND PRE-TREATMENT For NSTEMI-ACS patients, DAPT including aspirin and a potent P2Y12 receptor inhibitor (prasugrel or ticagrelor) is recommended (see the Supplementary Data).701,702 Clopidogrel should only be used when prasugrel or ticagrelor are not available or are contraindicated. Based on the results of the ACCOAST (Comparison of Prasugrel at the Time of Percutaneous Coronary Intervention or as Pretreatment at the Time of Diagnosis in Patients with Non-ST Elevation Myocardial Infarction) trial,165 it is not recommended that prasugrel is administered in patients in whom coronary anatomy is not known. Nevertheless, pre-treatment with ticagrelor was part of the PLATO trial (Study of Platelet Inhibition and Patient Outcomes) and was associated with an early benefit over clopidogrel.702 For these reasons, pre-treatment with ticagrelor can be used, although there is no direct evidence from head-to-head comparisons between pre-treatment strategies. 17.2.2 PERI-INTERVENTIONAL TREATMENT Anticoagulation is recommended for all patients in addition to antiplatelet therapy during PCI for NSTEMI-ACS.703 In general, a crossover between anticoagulants should be avoided (especially between UFH and low-molecular-weight heparin (LMWH)), with the exception of adding UFH to fondaparinux when a patient proceeds to PCI.704,705 The respective agents should be discontinued after PCI except for specific clinical settings, such as the presence of an LV aneurysm with thrombus or AF requiring anticoagulation. A number of trials have compared bivalirudin with UFH in ACS patients undergoing PCI (see the Supplementary Data). Some of these trials pursued a balanced use of adjunctive GP IIb/IIIa inhibitors with both bivalirudin and heparin, whereas others, predominantly the older ones, had selective use of GP IIb/IIIa inhibitors in the heparin arm. These trials have been reviewed extensively in a number of meta-analyses.706–708 A meta-analysis that included the MATRIX trial but not benefit of bivalirudin compared with UFH with respect to death, MACE, and MI.708 Nevertheless, bivalirudin was associated with a significant increase in the risk of stent thrombosis and a significant decrease in the risk of bleeding. However, the reduction of bleeding risk was linked to unbalanced use of GP IIb/IIIa inhibitors predominantly with UFH. Recently, the VALIDATE-SWEDHEART study709 compared UFH vs. bivalirudin in a background of radial access and limited use of GP IIb/IIIa inhibitors. The study demonstrated similar risk patterns for both ischaemia and bleeding when comparing the two drugs. Of note, while prior studies reported a reduced bleeding risk with bivalirudin vs. UFH, this was not confirmed in VALIDATE-SWEDHEART and in a contemporary setting of preferred radial access and selective use of GP IIb/IIIa inhibitors. More recently, a meta-analysis updated for the results of VALIDATE-SWEDHEART confirmed that bivalirudin compared with heparin was associated with a similar incidence of all-cause death and ischaemic events after PCI for ACS.710 A significant association of bivalirudin with decreased risk of bleeding was only found with unbalanced use of GP IIb/IIIa inhibitors in conjunction with heparin. In summary and based on the above-mentioned trials, UFH is primarily recommended as an anticoagulant for PCI. Due to its short half-life and favourable results in some of the studies, bivalirudin may be considered as an alternative to UFH in selected cases. Patients may undergo cardiac catheterization after a conservative treatment phase and these patients are commonly treated with fondaparinux during the conservative treatment phase. This regimen is based on the OASIS-5 (Optimal Antiplatelet Strategy for Interventions 5) trial.711 Of note, catheter thrombus formation was an issue with fondaparinux and therefore full-dose UFH must be added to prevent thrombus formation when the patient proceeds to PCI. Enoxaparin should be considered as anticoagulant for PCI in patients pre-treated with subcutaneous enoxaparin. A benefit of enoxaparin over UFH in reducing mortality and bleeding complications was recently reported in a meta-analysis including NSTEMI-ACS patients.689 Yet, this meta-analysis did not include a dedicated randomized study in NSTEMI-ACS and was largely based on non-randomized comparisons. Most of the trials evaluating GP IIb/IIIa inhibitors in PCI-treated patients pre-date the era of routine oral DAPT treatment. These early trials demonstrated a reduction in the incidence of ischaemic events in favour of GP IIb/IIIa treatment in combination with UFH compared with UFH alone, primarily through a reduction in MI.712 However, coronary angiography and PCI were delayed compared with what is recommended now, and a consistent major bleeding risk was observed. Overall, there is no compelling evidence for an additional benefit of routine upstream use of GP IIb/IIIa inhibitors in NSTEMI-ACS patients scheduled for coronary angiography and receiving DAPT treatment.713,714 In a setting of potent platelet inhibition with ticagrelor or prasugrel, where randomized data on GP IIb/IIIa inhibitor use is limited, routine use of these agents cannot be recommended. Nevertheless, it should be considered for bail-out situations or thrombotic complications, and may be used for high-risk PCI in patients without pre-treatment with P2Y12-inhibitors. The available evidence on cangrelor suggests that the potential benefit is independent of the clinical presentation. Thus, similar to SCAD patients, cangrelor may be considered in specific settings in P2Y12-naïve patients undergoing PCI. 17.2.3 POST-INTERVENTIONAL AND MAINTENANCE TREATMENT Following PCI for NSTEMI-ACS, DAPT consisting of a P2Y12 receptor inhibitor in addition to aspirin is generally recommended for 12 months, irrespective of the stent type. Recently, the SMART-DATE (Smart Angioplasty Research Team-safety of 6-month duration of Dual Antiplatelet Therapy after percutaneous coronary intervention in patients with acute coronary syndromes) prospective multicentre randomized trial supported this notion in the setting of contemporary interventional practice. The study randomly assigned 2712 patients undergoing PCI for NSTEMI-ACS or STEMI to either 6 month DAPT or 12 month or longer DAPT. Although the primary endpoint – a composite of all-cause death, MI, or stroke – did not confirm the benefit of prolonged DAPT over 6 month DAPT (cumulative event rate 4.7 vs. 4.2%, absolute risk difference 0.5%; upper limit of one-sided 95% CI 1.8%; P=non-inferiority=0.03 with a predefined non-inferiority margin of 0.3), MI occurred more frequently in the 6 month DAPT group than in the prolonged DAPT group (1.8 vs. 0.8%; P=0.02). The rate of BARC type 2–5 bleeding was not significantly affected by prolonged DAPT (HR 0.69, 95% CI 0.45–1.05, P=0.09). The authors stated that the increased risk of MI with 6 month DAPT and the wide non-inferiority margin prevented them from concluding that short-term DAPT was safe in this setting, and suggested that prolonged DAPT should remain the standard of care in patients with ACS without excessive risk of bleeding.715 In specific clinical scenarios, this standard DAPT duration can be shortened (12 months). Further on, switching and especially a de-escalation of DAPT (switching from potent P2Y12-inhibitors to clopidogrel) was subject to a number of randomized clinical trials.716,717 Triggers for DAPT de-escalation include clinical (bleeding events or presumed high bleeding risk) and socio-economic factors.716 Based on recent results from the randomized TROPICAL-ACS (Testing responsiveness to platelet inhibition on chronic antiplatelet treatment for acute coronary syndromes) trial717, an approach of DAPT de-escalation guided by platelet function testing may be considered in ACS patients (NSTEMI-ACS and STEMI) as an alternative to 12 months potent platelet inhibition, especially for patients deemed unsuitable for maintained potent platelet inhibition. For a more detailed description of the pertinent clinical trials in the field of DAPT duration and switching antiplatelet drugs, we refer the reader to the International Expert Consensus document on Switching Platelet P2Y12 Receptor-Inhibiting Therapies718 and the 2017 ESC Focused Update on Dual Antiplatelet Therapy in Coronary Artery Disease.410 Following DAPT, lifelong single antiplatelet therapy (usually with aspirin) is recommended and patients should be advised not to prematurely discontinue oral antiplatelet therapy after stenting.677,719 Based on the results of the ATLAS-ACS 2-TIMI 51 (Anti-Xa Therapy to Lower cardiovascular events in Addition to Standard therapy in subjects with Acute Coronary Syndrome-Thrombolysis In Myocardial Infarction 51) trial in NSTEMI-ACS and STEMI patients,720 low-dose rivaroxaban may be considered after discontinuation of parenteral anticoagulation for patients with no prior stroke/TIA, and at high ischaemic risk as well as low bleeding risk, receiving aspirin and clopidogrel. Of note, rivaroxaban has not been investigated in a background of potent P2Y12-inhibitors. 17.3 ST-SEGMENT ELEVATION MYOCARDIAL INFARCTION 17.3.1 CHOICE OF TREATMENT AND PRE-TREATMENT STEMI patients undergoing primary PCI should receive aspirin and a P2Y12 receptor inhibitor as soon as the diagnosis of STEMI is established. In line with the treatment recommendations for NSTEMI-ACS patients, DAPT is the cornerstone of treatment for STEMI patients and includes aspirin and a potent P2Y12 receptor inhibitor (prasugrel or ticagrelor).701,702 For both antiplatelet drugs, published subgroup analyses on STEMI patients are available (see the Supplementary Data). Randomized data on a comparison of ticagrelor vs. prasugrel in STEMI patients are limited, but the recently published randomized PRAGUE-18 (Comparison of Prasugrel and Ticagrelor in the Treatment of Acute Myocardial Infarction) trial735 with limited statistical power found similar safety and efficacy profiles of ticagrelor and prasugrel in a setting of primary PCI. When potent P2Y12 receptor inhibitors are contraindicated or are not available, clopidogrel should be given for primary PCI instead.724 The value of pre-treatment with ticagrelor was addressed in the ATLANTIC (Administration of Ticagrelor in the Cath Lab or in the Ambulance for New ST-Elevation Myocardial Infarction to Open the Coronary Artery) trial.736 No significant differences were observed in the levels of the two co-primary surrogate endpoints measured before PCI (thrombolysis in Myocardial Infarction flow and ST-segment resolution). Likewise, the incidence of a combined ischaemic endpoint (death, MI, stroke, stent thrombosis, and urgent revascularization) did not differ between the two treatment arms. Nevertheless, in both the TRITON (TRial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with Prasugrel-Thrombolysis In Myocardial Infarction) and PLATO trials, pre-treatment with ticagrelor was generally consistent with those for NSTEMI-ACS patients and as detailed in section 17.2.3. 17.4 CORONARY ARTERY BYPASS GRAFTING Antithrombotic treatment before and after CABG is addressed in the 2017 ESC Focused Update on Dual Antiplatelet Therapy in Coronary Artery Disease.410 After reviewing the subsequent literature, the current Task Force endorses the recommendations of the update on DAPT and does not identify a need for any major update. Accordingly, the recommendation tables in this section are taken from the Focused Update. For a detailed discussion, we refer the reader to the Focused Update. 17.5 SPECIAL CONDITIONS 17.5.1 ANTI-THROMBOTIC THERAPY AFTER PERCUTANEOUS CORONARY INTERVENTION IN PATIENTS REQUIRING ORAL ANTICOAGULATION Compared with OAC therapy alone, the addition of DAPT to OAC therapy results in a two- to three-fold increase in bleeding complications, suggesting that every effort should be undertaken to avoid bleeding (Table 8).753 Assessing the balance of ischaemic and bleeding risks of relatively short (i.e.  $\leq 6$  months) triple therapy duration compared with double therapy consisting of clopidogrel and an OAC requires patient-by-patient decisions. Of note, previous randomized studies evaluating the duration of triple therapy or the benefit of NOACs vs. vitamin K antagonists (VKAs) were not adequately powered to assess ischaemic events, and data are lacking on the efficacy of dual therapy in patients at high risk of stroke or recurrent ACS.754–757 In the major trials, there was no interaction between the duration of triple therapy and clinical presentation (ACS vs. no ACS). The rate of bleeding events peaked within the first 30 days of initiation of triple therapy, and was twice as high when compared with the rate of acute coronary events including recurrent MI and stent thrombosis. For these reasons, the duration of triple therapy should be minimized depending on bleeding and ischaemic risks (see Tables 8 to 10 for guidance in decision-making). In stabilized event-free patients, discontinuation of any antiplatelet agent at 1 year after stenting is encouraged, while dual therapy may be continued beyond 1 year according to the stent-driven risk shown in Table 9. Based on the favourable bleeding risk in the large phase 3 studies, a NOAC should be preferred over a VKA. The PIONEER756 (Prevention of bleeding in patients with AF undergoing PCI) trial and the more recent REDUAL (Randomised Evaluation of Dual Antithrombotic Therapy with Dabigatran versus Triple Therapy with Warfarin in Patients with Nonvalvular Atrial Fibrillation Undergoing Percutaneous Coronary Intervention)757 trial compared a NOAC plus single antiplatelet therapy with triple therapy with a VKA plus DAPT and consistently showed significantly lower bleeding risks with the dual antithrombotic regimen. In REDUAL, both dosing regimens for dabigatran (150 mg and 110 mg b.i.d.) vs. warfarin triple therapy were associated with a significant reduction of major or clinically relevant bleeding events. However, as compared with triple therapy, an increase in both MI (4.5 vs. 3.0%, P=0.09) and stent thrombosis risk (1.5 vs. 0.8%, P=0.15) was reported for the lower dabigatran dose (110 mg b.i.d.), but not for the higher dabigatran dose (150 mg b.i.d.). Although statistical significance was missed, these findings raise concern about the efficacy of the lower dabigatran dose in combination with single antiplatelet therapy in preventing coronary events. Thus, the 150 mg b.i.d. dose of dabigatran is preferred. At present, evidence for a dual treatment approach is available for VKA,755 rivaroxaban,756 and dabigatran,757 but none of these studies were powered to assess the efficacy of preventing stent thrombosis or thrombo-embolic events and only REDUAL used a NOAC dose that was previously shown to be effective in the prevention of thrombo-embolic events. The ongoing AUGUSTUS trial (ClinicalTrials.gov Identifier: NCT02415400) will address the value of apixaban in a similar setting, and with and without aspirin. Edoxaban is currently being investigated in a setting of triple treatment in the ENTRUST-AP-PCI (Evaluation of the safety and efficacy of an edoxaban-based antithrombotic regimen in patients with atrial fibrillation following successful percutaneous coronary intervention) trial (ClinicalTrials.gov Identifier: NCT02866175). Figure 11 illustrates applicable DAPT algorithms in patients with an indication for OAC undergoing PCI with the respective classes of recommendations for the different treatment regimens. For more details on the pertinent studies in the field of triple treatment (DAPT plus OAC) and the associated issues, we refer the reader to the 2017 ESC Focused Update on Dual Antiplatelet Therapy in Coronary Artery Disease.410 Figure 11. Algorithm for dual antiplatelet therapy in patients with an indication for oral anticoagulation undergoing percutaneous coronary intervention. 17.5.2 REVASCLARIZATION IN PATIENTS WITH RENAL FAILURE See the Supplementary Data. 17.5.3 MONITORING OF ANTIPLATELET DRUGS (PLATELET FUNCTION TESTING AND GENOTYPING) See the Supplementary Data. 17.5.4 SURGERY IN PATIENTS ON DUAL ANTIPLATELET THERAPY See 2017 ESC Focused Update on Dual Antiplatelet Therapy in Coronary Artery Disease.410 17.6 GAPS IN THE EVIDENCE The value of pre-hospital pre-treatment with prasugrel in STEMI patients, as well as the safety and efficacy of ticagrelor given at hospital admission in NSTEMI-ACS patients, has not been addressed in dedicated randomized studies. The safety and efficacy of short-term potent antiplatelet treatment with either prasugrel or ticagrelor in SCAD patients is unknown, and is subject to ongoing clinical trials [the ALPHEUS (Assessment of Loading With the P2Y12 Inhibitor Ticagrelor or Clopidogrel to Halt Ischaemic Events in Patients Undergoing Elective Coronary Stenting) trial: NCT02617290 and the SASSICAIA (Comparison of Loading Strategies With Antiplatelet Drugs in Patients Undergoing Elective Coronary Intervention) trial: NCT02548611]. The clinical benefit of a short-term DAPT duration followed by long-term ticagrelor monotherapy (and stopping aspirin) remains unknown. The ongoing GLOBAL LEADERS (Long-term ticagrelor monotherapy versus standard dual antiplatelet therapy followed by aspirin monotherapy in patients undergoing biolimus-eluting stent implantation) and TWILIGHT (Ticagrelor With Aspirin or Alone in High-Risk Patients After Coronary Intervention) trials aim to close this gap in our current knowledge (NCT01813435 and NCT02270242, respectively). 18 Volume outcome relationship for revascularization procedures Operator experience influences outcomes, particularly in critical, complex situations. Greater total experience of an entire hospital team – consisting of the supporting members in the operating room or catheterization laboratory and those responsible for postoperative care – results in more favourable outcomes. 18.1 CORONARY ARTERY BYPASS GRAFTING Studies have suggested that the volume of CABG surgery in a hospital significantly impacts in-hospital mortality, although no consistent cut-offs for volume were used in these studies.761–762 This increase in mortality observed in lower volume centres seems to be attributable to so-called 'failure to rescue', although patients operated on at low-volume centres are not at particularly higher risk of suffering a major complication, they are more likely to die from such a complication should it occur.763 Therefore, consideration should be given to the performance of CABG in centres with an annual volume of at least 200 CABG cases. Apart from hospital volume, higher surgeon volume also appears to be inversely related to operative mortality. Birkmeyer et al. provided evidence suggesting that both hospitals and surgeons have some impact on outcomes.764 Several studies suggest that quality measures are more important than volume per se.765,766 Missing quality indicators in hospitals strongly predicted mortality, irrespective of surgeon or hospital case volumes.767 Therefore, it is recommended that such quality measures (as an example see Supplementary Table 9) are adopted and reported to facilitate focused quality improvement.768 18.2 PERCUTANEOUS CORONARY INTERVENTION Numerous studies have investigated the relationship between the volume of procedures and outcomes of PCI, suggesting a volume-outcome relationship at the operator level, as well as at the institutional level.761,769–773 A population-based study from the PCI reporting system of New York indicated that hospital case volumes 769 Among patients with ACS, particularly STEMI, operator and hospital volumes play important roles. A large study in the USA reported that, in a cohort of 36 535 patients undergoing primary PCI, in-hospital mortality was significantly lower in institutions with higher primary PCI volumes (5.7% in hospitals performing  $\geq 33$  primary PCIs/year vs. 7.7% in hospitals performing 774 Operator volume has also been shown to impact outcomes in LM PCI. A single-centre study of 1948 patients who underwent unprotected LM PCI, performed by 25 operators over a 7 year period, showed reduced 30 day and 3 year mortality for patients who had their PCI performed by a high-volume operator (defined as  $\geq 15$  LM PCI/year; mean 25/year) vs. a low-volume operator (775 An example of quality measures for PCI is provided in Supplementary Table 10. 18.3 TRAINING IN CARDIAC SURGERY AND INTERVENTIONAL CARDIOLOGY FOR MYOCARDIAL REVASCLARIZATION A European training programme in interventional cardiology has been proposed by the EAPCI in order to ensure the high quality of patient care and clinical excellence.776 The programme should last 1–2 years at high-volume institutions that handle  $\geq 800$  PCIs per year and that have an established 24 h/7 day service for the treatment of patients with ACS. For CABG, no standardized European programme exists at this time. However, the pace at which proficiency reaches certain acceptable standards differs from trainee to trainee. Therefore, although it is recommended that trainees perform  $\geq 200$  CABG procedures under supervision before becoming completely independent, a competency-driven residency programme with regular evaluation of progress is recommended over a volume-driven programme. 19 Medical therapy, secondary prevention, and strategies for follow-up Myocardial revascularization must be accompanied by medical therapy and other secondary prevention strategies for risk factor modification and permanent lifestyle changes.42 Secondary prevention and cardiac rehabilitation are an integral part of management after revascularization because such measures reduce future morbidity and mortality in a cost-effective way, and can further improve symptoms. These measures are discussed in detail in the European Guidelines on Cardiovascular Disease Prevention that were published in 2016.42 The need to detect restenosis has reduced in the DES era. Likewise, the durability of CABG results have increased with the use of arterial grafts, and ischaemia stems mainly from SVG attrition and/or progression of CAD in native vessels. Nevertheless, the recurrence of symptoms or ischaemia due to disease progression or restenosis deserves attention. 19.1 GAPS IN THE EVIDENCE In all studies to date on the optimal follow-up after PCI, the gain from discovering patients with restenosis is obscured by the high rate of false positive exercise ECG tests indicating ischaemia. Therefore, simple exercise ECG testing is not recommended for follow-up and a non-invasive imaging approach is preferred. Specific studies to clarify which subset of patients benefits more from a specific follow-up approach are missing. More studies are needed to assess the role of CT angiography in patient surveillance after myocardial revascularization. 20 Key messages (1) Myocardial revascularization is performed for the relief of symptoms of myocardial ischaemia and the improvement of prognosis. In SCAD, the prognostic benefit is dependent on the extent of myocardium subject to ischaemia. (2) The prognostic and symptomatic benefits of myocardial revascularization critically depend on the completeness of revascularization. Therefore, the ability to achieve complete revascularization is a key issue when choosing the appropriate treatment strategy. (3) Apart from issues of individual operative risk and technical feasibility, diabetes mellitus and the anatomical complexity of CAD determine the relative benefits of PCI and CABG. (4) The SYNTAX score is the recommended tool to gauge the anatomical complexity of coronary disease. (5) In some instances, both PCI and CABG are equally reasonable, or sometimes even equally problematic, options. This calls for the Heart Team to be consulted to develop individualized treatment concepts, with respect for the preferences of the patient who has been informed about early and late outcomes. (6) Timely PCI of the culprit lesion remains the mainstay of treatment of ACS. (7) After PCI of the culprit lesion in ACS, the choice of further revascularization modality should follow the criteria applied to patients with SCAD. (8) Radial access is preferred for any PCI irrespective of clinical presentation, unless there are overriding procedural considerations. (9) DES are recommended for any PCI irrespective of clinical presentation, lesion type, anticipated duration of DAPT, or concomitant anticoagulant therapy. (10) Even though 6 months of DAPT is generally recommended after PCI in SCAD and 12 months of DAPT after ACS, the type and duration of DAPT should be individualized according to the ischaemic and bleeding risks, and appropriately adapted during follow-up. Based on this judgement, treatment durations for DAPT after DES that are as short as 1 month or even as long as lifelong may be reasonable. (11) Off-pump surgery with no-touch aorta for high-risk patients should be considered when expertise exists. (12) Multiple arterial grafting should be considered using the radial artery for high-grade stenosis and/or BIMA grafting for patients who do not have an increased risk of sternal wound infection. 21 Evidence-based 'to do' and 'not to do' messages from the Guidelines 22 Appendix ESC Committee for Practice Guidelines (CPC): Stephan Windecker (Switzerland), Victor Aboyans (France), Stefan Agewall (Norway), Emanuele Barbato (Italy), Hector Bueno (Spain), Antonio Coca (Spain), Jean-Philippe Collet (France), Ioan Mircea Coman (Romania), Veronica Dean (France), Victoria Delgado (The Netherlands), Donna Fitzsimons (UK), Oliver Gaemperli (Switzerland), Gerhard Hindricks (Germany), Bernard Iung (France), Peter Jüni (Canada), Hugo A. Katus (Germany), Juhani Knuuti (Finland), Patrizio Lancellotti (Belgium), Christophe Leclercq (France), Theresa A. McDonagh (UK), Massimo Francesco Piepoli (Italy), Piotr Ponikowski (Poland), Dimitrios J. Richter (Greece), Marco Roffi (Switzerland), Evgeny Shlykhtko (Russia), Miguel Sousa-Uva (Portugal), Iain A. Simpson (UK), Jose Luis Zamorano (Spain). EACTS Council: (On behalf of the EACTS Council): Domenico Pagano (Secretary General) (UK), Nick Freemantle (UK), Miguel Sousa-Uva (Portugal). ESC National Cardiac Societies actively involved in the review process of the 2018 ESC/EACTS Guidelines on myocardial revascularization: Algeria: Algerian Society of Cardiology, Mohamed Chettabi; Armenia: Armenian Cardiologists Association, Hamayak Sisakian; Austria: Austrian Society of Cardiology, Bernhard Metzler; Azerbaijan: Azerbaijan Society of Cardiology, Firdovsi Ibrahimov; Belarus: Belorussian Scientific Society of Cardiologists, Valery I. Stelmashok; Bulgaria: Bulgarian Society of Cardiology, Arnan Postadzhiyan; Croatia: Croatian Cardiac Society, Bosko Skoric; Cyprus: Cyprus Society of Cardiology, Christos Eftychiou; Czech Republic: Czech Society of Cardiology, Petr Kala; Denmark: Danish Society of Cardiology, Christian Juhl Terkelsen; Egypt: Egyptian Society of Cardiology, Ahmed Magdy; Estonia: Estonian Society of Cardiology, Jaan Eha; Finland: Finnish Cardiac Society, Matti Niemelä; The Former Yugoslav Republic of Macedonia: Macedonian FYR Society of Cardiology, Sasko Kedev; France: French Society of Cardiology, Pascal Motreff; Georgia: Georgian Society of Cardiology, Alexander Aladashvili; Germany: German Cardiac Society, Julinda Mehili; Greece: Hellenic Society of Cardiology, Ioannis-Georgios Kanakakis; Hungary: Hungarian Society of Cardiology, David Becker; Iceland: Icelandic Society of Cardiology, Thorarinn Gudnason; Ireland: Irish Cardiac Society, Aaron Peace; Italy: Italian Federation of Cardiology, Francesco Romeo; Kosovo: Kosovo Society of Cardiology, Gani Bajraktari; Kyrgyzstan: Kyrgyz Society of Cardiology, Alina Kerimkulova; Latvia: Latvian Society of Cardiology, Ainars Rudzitis; Lebanon: Lebanese Society of Cardiology, Ziad Ghazzal; Lithuania: Lithuanian Society of Cardiology, Aleksandras Kibarskis; Luxembourg: Luxembourg Society of Cardiology, Bruno Pereira; Malta: Maltese Cardiac Society, Robert G. Xuereb; The Netherlands: Netherlands Society of Cardiology, Sjoerd H. Hofma; Norway: Norwegian Society of Cardiology, Terje K. Steigen; Poland: Polish Cardiac Society, Adam Witkowski; Portugal: Portuguese Society of Cardiology, Eduardo Infante de Oliveira; Romania: Romanian Society of Cardiology, Stefan Mot; Russian Federation: Russian Society of Cardiology, Dmitry Duplyakov; San Marino: San Marino Society of Cardiology, Marco Zavatta; Serbia: Cardiology Society of Serbia, Branko Beleslin; Slovakia: Slovak Society of Cardiology, Frantisek Kovar; Slovenia: Slovenian Society of Cardiology, Matjaz Bunc; Spain: Spanish Society of Cardiology, Soledad Ojeda; Sweden: Swedish Society of Cardiology, Nils Witt; Switzerland: Swiss Society of Cardiology, Raban Jeger; Tunisia: Tunisian Society of Cardiology, Faouzi Addad; Turkey: Turkish Society of Cardiology, Ramazan Akdemir; Ukraine: Ukrainian Association of Cardiology, Alexander Parkhomenko; United Kingdom: British Cardiovascular Society, Robert Henderson. 23. References 25 Aug 2023 The present guideline has been developed to support healthcare professionals in the diagnosis and management of patients presenting with acute coronary syndrome (ACS). The conditions of ST-elevation myocardial infarction (STEMI) and non-ST-elevation ACS (NSTEMI-ACS) have been covered separately in previous European Guidelines. For the first time, the present guideline presents recommendations for management of patients across the entire spectrum of ACS in one document. The previous guidelines on STEMI were published in 2017 and the previous guidelines on NSTEMI-ACS were published in 2020. There have been numerous developments in the diagnosis and treatment of patients with ACS in the intervening years, which are reflected in this up-to-date guideline. The current guideline provides a comprehensive overview of the management of patients presenting with ACS, from the point of diagnosis and risk stratification at initial presentation, through to long-term management after the initial hospitalisation period. Particular focus is given to the importance of anti-thrombotic therapy, invasive assessment and revascularisation. This guideline also highlights the importance of providing patient-centred care throughout the patient's ACS journey. Topic(s): Pathophysiology and Mechanisms Epidemiology, Prognosis, Outcome The essentials of the Guidelines in just a few minutes. Watch Insights from the Chairs of the Guidelines Task Force. Read Download ESC Pocket Guidelines App Have the ESC Pocket Guidelines with you all the time. Download for free Back to ESC Guidelines list